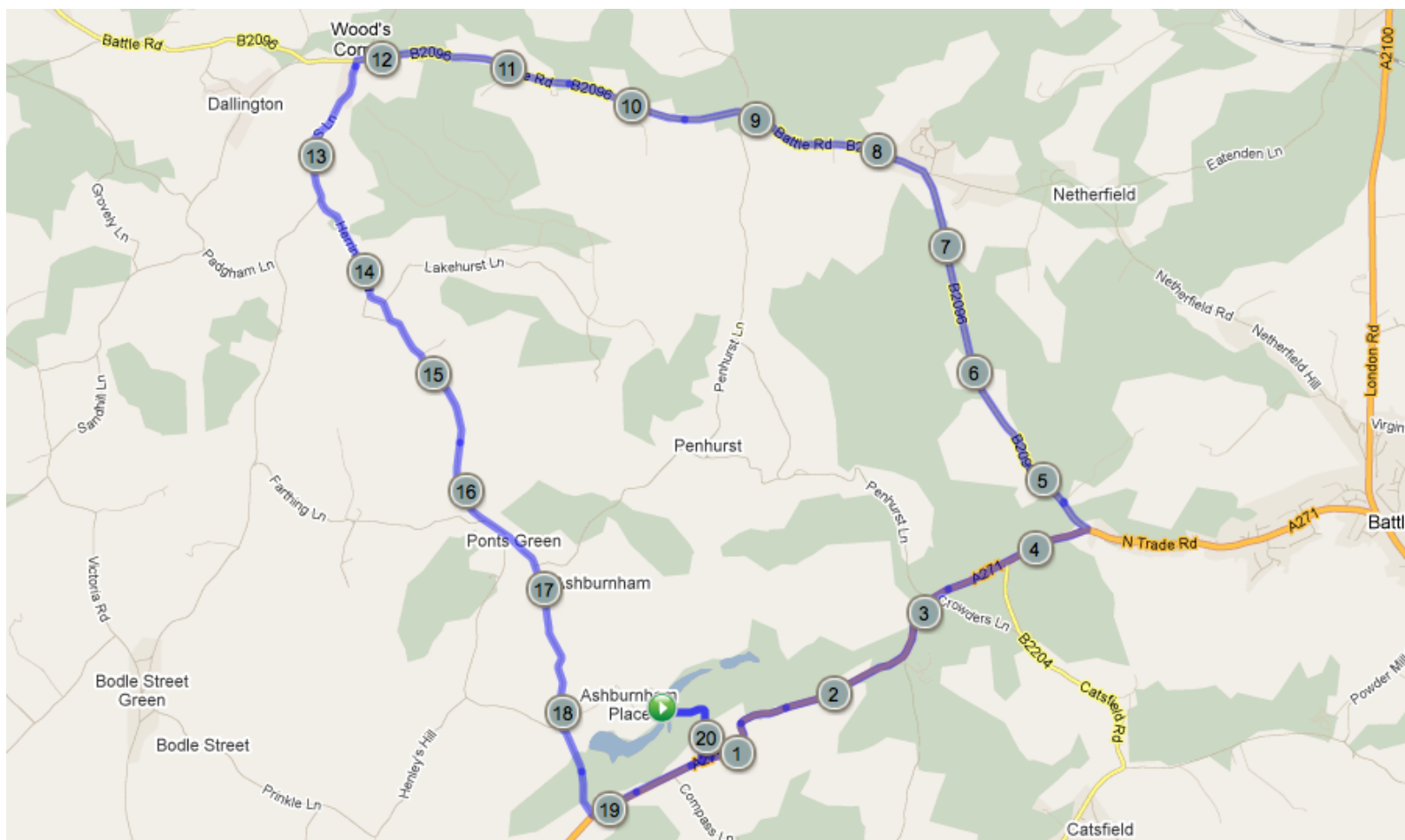


Sussex Triathlon Bike Course



Loop is 20.3km (Sprint will complete 1 lap / Standard 2 x Laps) ridden anti-clockwise.
The course climbs from when you leave Ashburnham Place all the way upto Woods Corner, it is then fast down through the Sussex Lanes for 6km before a final 400m tough climb which takes you back onto the North Trade Road.